August 2024 Middle Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Pinellas County Schools FOOD AND NUTRITION	FLORIDA → FARM TO SCHOOL →- PAY FOR			ALL	Menus are subject to change! We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies
Watermelon	SCHOOL MEALS ONLINE				have other ideas!
<ul> <li>is 92% water</li> <li>take 90 days to grow</li> <li>the world's heaviest weighed over 350 lbs.</li> </ul>	SCHOOL BUCKS	abe abe			duced Meal Benefits Secure, & Confidential
<ul> <li>there are more than 1000 varieties</li> <li>a hollow knock or plunk sound means its ripe</li> <li>Daily Lunch Choices Choose 1: Daily Lunch Choices</li> </ul>	12 <u>Choose One:</u> Dill Chicken Nuggets & Cheez-It's Crackers Penne Pasta & Meat Sauce w/ Garlic Bread Yogurt, Fruit & Granola Parfait Turkey Club Wrap PBJ Uncrustable Kit <u>Choose:</u> Sweet Potato Fries Farmstand Veggie Dippers	13 <u>Choose One:</u> <u>Beef or</u> Pork Tacos <u>Mini Cheese Calzones</u> Chicken Caesar Salad Any Timers Cheese Pizza <u>Choose:</u> Refried Fiesta Beans Marinara Sauce Cup Sliced Cucumber Side Salad	14 <u>Choose One:</u> Tangerine Chicken w/ Rice & Fortune Cookie Macaroni & Cheese w/ Roll Apple a Day Salad Plate PBJ Uncrustable Kit <u>Choose:</u> Broccoli Florets House Mixed Side Salad	15 <u>Choose One:</u> Pizza Variety Crispy Chicken Sandwich Spicy Chicken Sandwich Chicken BLT Salad Any Timers Turkey & Cheese <u>Choose</u> Deli Roasted Potato Romaine Side Salad	16 <u>Choose One:</u> Brunch for Lunch Alaskan Fish Sticks & Tater Tots Basket w/ Goldfish Pretzels Fruit & Yogurt Plate PBJ Uncrustable Kit <u>Choose</u> Crispy Tator Tots Carrot Dippers Side Salad
Meat / Meatless Entrée, Entrée Salads, Cold Sandwiches <u>Must Choose</u> <u>at least 1:</u> Hot & Cold Vegetables Variety of Fruits & Juices (may choose up to 2	19 <u>Choose One:</u> Grilled Cheese Grilled Ham & Cheese Cherry Blossom Chicken w/ Lo Mein & Fortune Cookie Apple a Day Salad Plate PBJ Uncrustable Kit <u>Choose:</u> Tomato Soup Farmstand Veggie Dippers	20 <u>Choose One:</u> Max Snax Quesadilla Chicken Cheese Quesadilla Meat Lovers Stromboli Chicken Caesar Salad Any Timers Cheese Pizza <u>Choose:</u> Green Beans Marinara Sauce Cup•Salsa Cup Sliced Cucumber Side Salad	21 <u>Choose One:</u> Cheesy Bread Popcorn Chicken Bowl w/ Biscuit Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit <u>Choose:</u> Mashed Potato & Gravy Corn Niblets	22 <u>Choose One:</u> Pizza Variety Chicken & Veg Dumplings w/ Chicken Stir-Fried Rice Chicken Caesar Wrap Any Timers Turkey & Cheese <u>Choose:</u> Broccoli Florets Romaine Side Salad	23 <u>Choose One:</u> Hamburger on a Bun Cheeseburger on a Bun Baja Fish Tacos w/Tortillas Fruit & Yogurt Plate PBJ Uncrustable Kit <u>Choose:</u> Country Baked Beans Carrot Dippers Side Salad
(may choose up to 2         servings each of fruits & veggies with their meal)         May Choose 1 Milk:         Low Fat White,         Fat Free Chocolate,         Fat Free Strawberry or         Fat Free Skim	26 <u>Choose One:</u> Chicken Tenders & Waffles Cheese Pizza Crunchers Chicken BLT Salad PBJ Uncrustable Kit <u>Choose:</u> Corn Niblets Farmstand Veggie Dippers	27 <u>Choose One:</u> Cheese Max Sticks BBQ Pork & Cheese Nachos Crispy Chicken Wrap Any Timers Cheese Pizza <u>Choose:</u> Santa Fe Black Beans Marinara Sauce Cup•Salsa Cup Sliced Cucumber Side Salad	28 <u>Choose One:</u> Teriyaki Beef Dippers w/ Rice & Fortune Cookie Corn Dog Fry Basket w/ Cheez-It's Crackers Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit <u>Choose:</u> Crinkle Crispy Fries House Mixed Side Salad	29 <u>Choose One:</u> Pizza Variety Breaded Chicken Drumstick w/ Macaroni & Cheese Apple a Day Salad Plate Chicken Caesar Wrap Any Timers Turkey & Cheese <u>Choose</u> Green Beans Romaine Side Salad	30 <u>Choose One:</u> Chicken Penne Alfredo w/ Garlic Bread Crunchy Breaded Alaskan Fish Sandwich Fruit & Yogurt Plate PBJ Uncrustable Kit <u>Choose:</u> Broccoli Florets Carrot Dippers Side Salad

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